

PEP IN OUR STEP

Charisma and Coquettes perform at various pep rally and halftime



3 PALMS UP Dancing during the homecoming pep rally, junior Maddy Ludwig faces the home side of the football stadium. Ludwig had danced on the team since freshman year. "When we are all dancing, there is some element of pressure, but since we all work really hard as a team, it works out," Ludwig said. S. Hanna photo



1 HANDS UP While dancing in the Varsity Gym, senior Lauren Clark performs for the audience at the varsity basketball game. She started dancing at a young age and liked the performance aspect of dancing. "What I like about the dance team is how I can entertain people in a way that I love," Clark said. A. Salter photo



2 ALL SMILES During halftime at a varsity soccer game, junior Ava Mikola and sophomore Bella Doss are in the middle of a move in the performance. Mikola practiced the dance countless times in order for it to all flow together. "The dance team works well together because at practice we always focus on getting each dance down right and try to look clean and uniform," Mikola said. P. Conway photo

4 JAZZING IT UP While dancing during the jazz section of the halftime show, senior Sophia Pachciarz turns in second alongside her team. Being a part of team meant hard work and long hours, but to Pachciarz it was all worth it. "My favorite part of the team is the girls that I am with. We grow together as a team in both dancing and as friends which is an amazing type of team to work hard with and spend my after school time with," Pachciarz said. A. Salter photo

5 SENIORITIS Performing during homecoming pep rally, senior Brianna Cox strikes a pose alongside her teammates. She experienced nostalgia during her senior year on the dance team, knowing that it would be her last time to dance with her friends. "Dance brought me closer to people in all different grade levels and brought so many opportunities to meet new people and make bonds with them that turned into friendships," Cox said. S. Hanna photo

DANCERS' DICTIONARY

definitions of terms the CHS dance teams use

Source: Merriam-Webster Dictionary | Words provided by sophomore Bella Doss

PLIE A movement in which a dancer bends the knees and straightens them again, usually with the feet turned out and heels firmly on the ground.

FONDU The same as a plie, but on a singular leg.

PIROUETTE An act of spinning on one foot, typically with the raised foot touching the knee of the supporting leg.

RONDE JAMBE A circular movement of the leg during ballet. It is one of the most common steps in dance.

GRANDE JETE When the dancer leaps from one leg and lands on the other.

SYNCOPTION A temporary displacement of the regular metrical accent in music caused typically by stressing the weak beat.

DANCE, DANCE REVELATIONS

members of Charisma and Coquettes address the stereotypes surrounding the dance team

I think people tend to underestimate how much effort we put into our dances and team. They place us into that stereotype of girls that don't work hard for what they do, but in reality we practice for hours on end, and each and every one of us give everything to make sure our team is the best it can be.

-OLIVIA FORKIN. 11

One stereotype about Coquettes and Charisma would be that they are very similar, but they also have a lot of things that are different. In Coquettes we do a lot harder things such as more turns and more tricks, etc. There are also less people on Coquettes.

-ABBIE BURNS. 9

One stereotype is that people think our dancing is not appropriate some of the time. I don't tend to think that because we create our own dances. But we are really just trying to have fun and not really care what anybody else thinks about our team. There are a lot of rumors but nothing that really affects us. We just want to show people what we can do.

-MADDY LUDWIG. 11

Women who do professions like dance are generally stereotyped as people who don't use their brain or who are not smart, and I would say that's generally a stereotype about dance as a profession. However, in order to memorize that amount of choreography and to perform it to perfection it takes a lot of skills and brains. These girls are smart young ladies and do not fit such a stereotype at all.

-SARAH WOLFF. ART

A stereotype about Coquettes and Charisma is that we don't know how to dance necessarily. That's definitely not true because most of us are in competitive dance teams and dance three to five days a week. Coquettes and Charisma is actually really hard and a lot of people don't think so.

-EMILY LONG. 10

People like to say since it's not a sport it can't be challenging but we actually put in a lot of time and effort. There are also some really rude stereotypes like we don't do anything skillful which is false cause we actually put a lot of hard work in the team and have a lot of practices.

-SOPHIA PACHCIARZ. 12

People think we only do hip hop and don't do anything besides popping here and there I guess. That's not true because we all are on other dance teams as well and we have all been trained our whole lives and we do cool tricks and other choreography.

-BELLA DOSS. 10

There's a stereotype that the team is really easy to make and be on but, in reality, it actually takes a ton of work. Not a lot of people know and understand that.

-CLAIRE WAIKEL. 11